



Group Discussion and Application

1. In addition to the spiritual blessings examined in our study, what are some other blessings we receive from God?
2. What are the results of maintaining a conscious awareness of these spiritual blessings (election, redemption, forgiveness, etc.) in our lives?
3. What can we do to remain more constantly mindful of these blessings in our lives?
4. What effect should these blessings have on our view of God? Ourselves?
5. We often think of God's blessings to us as ending with us. But according to this text, what is the end/aim of the blessings we receive (vv. 6, 12, 14)?
6. Our last two studies have emphasized the importance of doctrine. What are some of the practical outworkings of sound doctrine?
7. What new lessons did you learn today about the believer's blessings? What practical application can you draw from these lessons?
8. What questions do you have about the blessings examined today?



Personal Reflection and Response

1. As a believer, the blessings of Eph. 1:3-14 apply to you personally. Read the text and substitute the word "I" for "us/we".
2. What practical effects should these blessings have in your life (e.g., your perspective on life, your view of self, your worship of God, etc.)?
3. Write your own doxology of praise to God for His blessings to you.



Family Homework

1. Hang a poster board near the kitchen table. At each meal add to an ongoing list of blessing you have received from God.
2. Discuss each of these blessings.
3. Give thanks for these blessings in your family prayer time.



Blessing the Blesser

Ephesians 1:3-14

1

God's blessings to believers _____.

2

God's blessings to believers _____.

3

God's blessings to believers _____.

4

God's blessings to believers _____.

5

God's blessings to believers _____.