



Group Discussion and Application

1. Is your understanding of the Lord's Day more or less clear after our study? What questions has this study raised in your thinking?
2. What has been your understanding of the 4th commandment as it applies to believers today? (Are you semi-sabbatarian [i.e., Sunday is the Christian Sabbath]? Do you believe Christ fulfilled the Sabbath law and it is no longer binding? Etc.)
3. In what way is fulfillment of the fourth commandment found in Jesus?
4. How do you and your family observe the Lord's Day? What guidelines do you follow?
5. Suggest some activities Christians may engage in to make Sunday a day of worship and ministry/service.
6. How should we respond to those who have different convictions about the observance of the Lord's Day?
7. What is the key to maintaining the spirit of the law in obedience, without becoming legalistic or pharisaical?
8. How can our observance of the Lord's Day serve as a testimony to the world?
9. Why did Sabbath observance serve as a touchstone of Israel's obedience to God?
10. What does the Sabbath commandment teach us about the others six days of the week?



Personal Reflection and Response

1. What is your own view and practice of the Lord's Day?
2. What is your response to believers who hold a different view and practice?
3. Continue your study of the relationship of Sabbath and Lord's Day.



Family Homework

1. Discuss how your family observes Sunday. How is Sunday different from the other days of the week in your family?
2. What are some practical ways your family can make Sunday a day of worship and ministry?



This is the Day

Exodus 20:8-11

The 4th Commandment: *"Remember the Sabbath day, to keep it holy."*

1

The commandment.

2

The _____ of the commandment.

3

The _____ for observing the commandment.

4

Some _____ of the commandment.