



Group Discussion and Application

1. What kinds of conditions might be included in the words, “*drooping hands and weak knees*”?
2. Suggest some very practical, specific ways we can assist another Christian in his/her Christian walk? How have others helped you?
3. Whose Christian example has assisted your walk with Christ? How?
4. In practical terms, how do we “make straight paths” (v.14)?
5. How do we pursue peace in the church?
6. What are some hindrances/obstacles to peace among Christians? Explain.
7. We are to guard one another from apostasy. What are some of the warning signs?
8. What personal observations or questions do you have from our text?



Personal Reflection and Response

1. In what area of your Christian life could you use some assistance?
Who could help you with this?
2. Whom have you noticed that is struggling and needs some help in their Christian walk?
How might you assist them?



Family Homework

1. List some ways you help one another in your family?
2. How can you help one another in your Christian life?
3. In what area of your Christian life do you struggle most? How might other family members help you in this area of your life?



Running the Race Together

Hebrews 12:12-17

Three responsibilities we have to help one another in the Christian life:

1 We must _____ the _____. [12-13]

2 We must pursue _____ and _____. [14]

3 We must _____ against _____. [15-17]