



Group Discussion and Application

1. Begin forming a "thanksgiving list" by listing some things for which you are thankful. (Include items from the following categories: spiritual, material, relational, God's past faithfulness, His present mercies, and His promises for the future)
2. When we catch ourselves grumbling or complaining, how can we turn that moment into an occasion for thanksgiving?
3. What Scripture truths should we remember in the midst of suffering and adversity so as to be thankful even during times of trial and tribulation?
4. How can we develop a mindset of thankfulness?
5. Describe submission in practical, functional terms.
6. When do you find it most difficult to be submissive?
7. Who are some of the authorities God has placed over you? How should we express submissiveness to these authorities?
8. If God has placed you in a position of authority, what can you do to foster submissiveness from those God has placed under your authority?



Personal Reflection and Response

1. Be sure to include thanksgiving as part of your personal prayer time this week. Add to the list begun in #1 above.
2. To what authority do you most struggle to submit? What will you do to demonstrate willing submission in this relationship?



Family Homework

Before each evening meal, hand out paper to each person and ask them to draw something they are especially thankful for that day. Have each person share their drawing and explain why they are thankful. During the meal discuss what it means to be thankful. After dinner spend time in prayers of thanksgiving.



Music...and MORE

Ephesians 5:20-21

Paul describes several result of the Spirit-filled life:

Review

1 **Meaningful Music** [19]
Communal, Edifying, Whole-hearted, Directed to God

2 **Thorough Thanksgiving** [20]

A. Our thanksgiving is to be _____.

B. Our thanksgiving is to be _____.

C. Our thanksgiving is to be _____.

D. Our thanksgiving is to be _____.

3 **Scriptural Submission** [21]

Definition:

Different views: