



Group Discussion & Application

1. We have examined some characteristics of spiritual lethargy. What are the causes and incentives?
2. In what areas of the Christian life are we most tempted to ease up and become slack?
3. In what ways might a local church congregation be guilty of spiritual laziness?
4. What are some of the consequences (to individual Christians and the corporate church) of spiritual sloth?
5. When is change good? How can we become more receptive to such change?
6. What sorts of work and risks do we seek to avoid when it comes to Christian growth and service?
7. God gave Israel her inheritance, but Israel had to work to possess it? How does this relate and apply to our spiritual inheritance?
8. Share a personal victory you have had over spiritual sluggishness. How did you overcome it?
9. What are some Bible verses that emphasize the effort required in the Christian life and ministry?



Personal Reflection & Response

1. In what area(s) of your life do you struggle most with spiritual lethargy?
2. Give yourself an assignment, a first step of action:
To get started in overcoming my spiritual lethargy, I will...



Family Homework

1. What activities do you most enjoy and are most eager to do? What activities do you like to put off doing? Why? What is the result of delaying?
2. Examine and discuss Ephesians 2:8-10. How does work relate to salvation?



Characteristics of Spiritual Lethargy

Joshua 18:1-10

1 _____

2 _____ with the _____

3 _____ of work and risk

4 Failure to _____ action